Let us remember that...if we want to receive a beautiful answer we should send into vibrat-
ing space our striving thoughts saturated with the pure fire of the heart; only the thought
which is spiritualized by striving, nourished by the heart, can create and attract as a
powerful magnet. Thought without the striving and flaming quality is sterile. Thus, let us
long for knowledge, for broad thoughts, and in our striving we shall dare, as only daring
thought molds new ways.

Letters of Helena Roerich, Volume I, 1929-1935

We are on the eve of the opening of the United Nations' General Assembly. There is
nothing quite like it. Every year, world leaders from every nation – large and small, near
and far – come together to focus on the big issues of our age. This year, we meet at an
especially crucial time as we face an increasingly complex set of realities.... This is a time of
global transition and global uncertainty. We are at a pivot-point in history when the old
world is slowly but irreversibly changing and the contours of a new world are just begin-
ing to take shape. Every country – every region – is seeking to find its footing.... This is no
time for business as usual. Our times demand something different – a sharper focus, a
more engaged and visionary global leadership. We need big thinking and bold action.

Secretary-General Ban Ki-moon, Address at Auckland University, 06 September 2011

Dear Friends,

The intensity of these days is palpable. Along with the rising frequency of mega-disasters
and the global economic turmoil, we are also experiencing tectonic shifts in global power
structures—all resulting in untold humanitarian emergencies.
As the Secretary-General points out in his address featured in the above keynote, all is in flux. Instability, turbulence and anxiety are prevalent in every corner of the world.

And this month, the 66th session of the United Nations General Assembly will convene to resolve these and many other global issues of our times—affecting all life on our planet.

As the agenda of the 66th General Assembly indicates, the second item of business—after the opening of the session by the President of the General Assembly, is a “minute of silent prayer or meditation.” It may be of interest to know that the rules of procedure provide that, immediately after the opening of the 1st plenary meeting and immediately preceding the closing of the final plenary meeting of each session of the General Assembly, the President shall invite the representatives to observe one minute of silence dedicated to prayer or meditation.

This year, the opening of this annual meeting falls on the 13th of September—a fortuitous circumstance as this is the first day of the distribution of the energies of the Virgo Solar Festival, observed within the UN Meditation Room and by many around the world.

As the main deliberative, policymaking and representative organ of the United Nations, this year comprising 193 Members of the United Nations (due to the admission of South Sudan on 14 July 2011), it provides a unique forum for the multilateral discussion of the full spectrum of international issues covered by the Charter of the United Nations.

Within this representative world body, each nation—whether rich or poor, large or small, has one equal, single vote.

The General Assembly home page reports that the Assembly meets in regular session from September to December each year, and thereafter, as required. This year’s UN System Calendar gives us an idea of the many issues to be discussed by the world leaders who will come to participate in this year’s convocation.

Anyone who is interested and who has access to the Internet can follow the proceedings—either via the Live UN Webcast or via the UN Webcast on demand.

We provide all of the above links and information about the General Assembly—the people’s Assembly, because we look to the men and women of goodwill and to the spiritually minded workers who read these monthly newsletters to HELP lessen and eventually bring to an end the agony and the suffering experienced by so many on the planet—both within the human and animal kingdoms. We look to you to strengthen and support the spiritual work of the United Nations—and the liberation of humanity.

As the Secretary General has stated, “there is no opt-out clause for global problem solving.”
Complementing this recognition, in this trailer to the movie, *One Day on Earth* (2:39), the Dalai Lama is featured saying,

“All this—thousands and thousands of different minds, different views, different thoughts—interconnected!”

“The present world crisis could be shortened if the spiritually minded people lived up to their inner belief and knowledge” states the Tibetan Master, Djwhal Khul in *The Externalisation of the Hierarchy*.

However, the difficulty of the task ahead cannot be underestimated. The following words of wisdom clearly sum up the problem: “The history of the world of thought evidences the fact that men are oft thrilled and enlightened and aided by ideas and by the promise of a developing future, but that when their aid is sought in the materialising of the idea, then their hope and interest fade out on the mental plane, or—if it reaches the world of emotion and of strong desire—the sacrifice required to bring the hope to birth on the physical plane is lacking or too feeble to produce the longed-for result.” (Ibid.)

Much vigilance, discipline and dedicated, heartfelt work is required from the spiritual community. Great Forces are awaiting the hour when they can aid humanity to bring about the anticipated liberation. But the door to Their entrance must be opened by humanity itself and it will be opened by a united act of the spiritual will.

Through our dedicated efforts we can strive to be a part of that group of aspirants and disciples throughout the world, who can salvage a distressed world and bring light and understanding to humanity.

The constructive attitudes and undertakings in the area of thought and meditation must be assumed individually by every person and eventually by nations as collective wholes. And towards that purpose, let us re-dedicate ourselves to a greater understanding and application of the laws of thought and the science of meditation.

This month we will be aided in our efforts to help bring about the implementation and materialization of bold, creative ideas because of the energies now available on our planet emanating from the sign of Virgo and all its related and attendant cosmic, solar and planetary energies.

The esoteric wisdom tells us that the sign Virgo is one of the most significant in the zodiac for its symbology concerns the whole goal of the evolutionary process which is to shield, nurture and finally reveal the hidden spiritual reality. This every form veils, but the human form is equipped and fitted to manifest it in a manner different to any other expression of divinity and so make tangible and objective the inner spiritual realities. (The Tibetan Master, Djwhal Khul in *Esoteric Astrology*)

In Virgo, the purpose for which form life exists begins to be realized and the desire for personality satisfaction begins to change and the desire for interior recognition of the
indwelling Christ principle—the principle of Love-Wisdom, begins to assume increasing control until the inner spiritual reality is eventually released from the thralldom of matter and becomes manifest in its own true nature in the world. Virgo stands for the “womb of time” wherein God’s plan (the mystery and the secret of the ages) is slowly matured and—with pain and discomfort and through struggle and conflict—brought into manifestation at the end of the appointed time. (Ibid.)

Over the past 12 years since the beginning of this meditation initiative, we have witnessed the re-opening of the UN Meditation Room and its increased use. This in fact was the hope of those who fought for its creation and certainly the hope of Secretary-General Dag Hammarskjöld who oversaw its redesign in 1957, as per his dedication, prominently displayed in a plaque outside the meditation room and included in a brochure published in the six languages of the United Nations by the UN Department of Public Inquiry.

Donald Keys, a speechwriter for UN Secretary-General U-Thant (1961-1971), referred to this meditation room as “one of the holiest of holies of the planet.” As he wrote, “it is a focus for the energies of a unitary planet, for a unified humanity and for right relations between all the kingdoms of life.” (See, his paper, “Spirituality at the United Nations” given for distribution to the Aquarian Age Community.)

Will you gather your thoughts—either in person or subjectively within this meditation room to participate in this month’s Virgo Solar Festival meditation meeting to cooperatively invoke and evoke the cosmic, solar and planetary energies of Light, Love and the Will-to-Good in order to support and strengthen the spiritual work of the United Nations—on behalf of humanity and all life on planet Earth?

We can’t overemphasize the importance of united, focused thinking—as reflected in this passage from the Gospel of St. Matthew: “if two of you on earth agree about anything you ask for, it will be done for you by my Father in heaven...and where two or three come together in my name, there am I with them.” (Matthew: 18:19-20)

The meeting will take place at Noon on Monday, September 12th in the UN Meditation Room where we will work silently, in unison, using the meditation outline, "The Spiritual Work of the United Nations and the Liberation of Humanity," from 12-12:30 p.m. and then reassemble outside the meditation room from 12:30-1:15 p.m. for discussion.

The meditation is based on the six-fold progression of divine love. If you need a copy, please let us know. It is available in several languages and you are encouraged to use it, not only on the day of the meditation meeting—but, weekly every Friday.

Each of the Solar Festivals spans five days: two days before (preparation, dedication, upward striving), the day of the Solar Festival (safeguarding)—which, this month, in the U.S. Eastern time zone falls on the same day as the meditation meeting, Monday, September 12 at 5:27 a.m., and two days after (right release of the spiritual energy in service to humanity and the planet).
For further information, see the on-line flyer on Solar Festival Meditations. The remaining meditation meeting dates for 2011 are posted on this web page and the archived monthly newsletters about this meditation initiative can be found here.

A UN pass is not required to attend this meeting. Enter the UN through the Visitor's entrance on 1st Avenue at 46th St. After you pass through security and enter the building, the meditation room is located to the right of the information desk and next to the Chagall stained glass window.

Those of us who live outside the New York City area have the opportunity to contribute our good energies and meditative thoughts from our respective geographic locations, using the same meditation outline, “The Spiritual Work of the United Nations and the Liberation of Humanity.” For further information about how to participate in this global service project, please inquire.

You are also invited to ponder the quote of the month, posted on the first of every month. An accompanying cosmic image is also made available as a reminder of the eternal divine circulatory flow that is possible between the microcosm and the macrocosm—the individual, the planet, and the cosmos.

May we ask you to continue to add your subjective energies to the following YouTube videos of the Great Invocation in relationship to the spiritual work of the United Nations?

1. Under the heading of "Reconciliation and the Healing of the Nations" (4:31)


Your continued support and help in circulating these two videos— is much appreciated.

At this time we also want to bring to your attention a public program that will be held in New York City on Thursday, October 27th from 2:00 p.m. until 4:30 p.m. More information will be provided at a later date; however, please do set the time aside and plan to participate as we need and rely on your heart-felt contribution—and we would love to see you. The theme of the program will be as follows:

**Developing Global Citizens for a Sustainable Society**

Why Is the Spiritual Dimension an Essential Component of Education for the 21st Century?

We leave you with a final thought from Secretary General Ban Ki-Moon who told his audience in the above referenced address: “The power is in our hands...Use your power for the common good...Be something larger than yourself. And I guarantee: You will never regret it.”

In shared planetary service,
Aquarian Age Community
A 501(c)(3) not-for-profit NGO in association with UN/DPI
http://www.aquaac.org
UN@aquaac.org