Help each other, harken! Help in the small and in the great. Help is a rap upon the future. You know not which is the drop that filled the cup to the brim...Help whenever the hand can reach, wherever a thought can fly.... The heart aflame with help is Our heart

*Hierarchy*, par. 434, Agni Yoga Society, NY

A United Nations disaster team has arrived in Japan and local officials have asked the world body to dispatch a team of nuclear safety experts as emergency operations continue in the wake of Friday’s catastrophic earthquake and tsunami.

UN News Service, “Japan: UN Stepping Up Assistance in Wake of Quake and Tsunami, 14 March 2011

Dear Friends,

Our hearts go out to the people of Japan.

The cataclysmic events of the past few days are of epic proportions. This has been one of the greatest natural disasters of modern times, the full extent of which is yet unfolding. The death toll is rising by the hour, tens of thousands remain missing, 450,000 have been displaced and millions lack access to food, water, electricity and medicine.

In a news conference in Tokyo this past Sunday, Prime Minister Naoto Kan addressed the citizens of Japan, appealing to them to rally together: “I think that the earthquake, tsunami and the situation at our nuclear reactors makes up the worst crisis in the 65 years since the war. If the nation works together, we will overcome.” (Death Toll Estimate in Japan Soars as Relief Efforts Intensify, in *The New York Times*, March 13, 2011)

As of the writing of this newsletter on Tuesday evening, it is yet uncertain if we have come to the bottom of this unfolding tragedy because the condition of the nuclear reactors in the troubled Fukushima Daiichi plant is yet uncertain.
Natural and man-made disasters have come at us fast and furious, especially over the past few months.

In the media news reports, the unfolding tragedy in Japan has overtaken the crisis in Libya marked by its on-going violence and growing humanitarian emergency that brought the United Nations Security Council to vote unanimously on February 26th to not only impose sanctions on Libya’s leader, Colonel Muammar Qaddafi, but also to vote for the second time in its history to refer a member state to the International Criminal Court because of the ongoing bloody crackdowns wherein Colonel Qaddafi’s security forces have fired indiscriminately on peaceful protesters, killing hundreds.

Additionally, UN reports tell us of the 300,000 people displaced by fighting in Côte d’Ivoire, the ongoing conflicts in Bahrain and other areas of the Middle East and Africa.

Suffering through these events and more, witnessing the many acts of heroism, compassion and heart-felt responses coming from all parts of the world to help in any way possible, we become increasingly aware of the truth that humanity shares the same physical, emotional, mental and spiritual sheaths. Humanity indeed is One. We do not need to ask for whom the bell tolls, we realize that “every man’s death diminishes me,” because each of us are a part of the one human family.

And therein, is our opportunity to positively affect the tragic events of the day, breathing fiery energy and directing healing thoughts of solution into our troubled world. The more we experience the darker side of life, the more we can strive to truly and deeply connect with the Light and to then transmit that Light into our immediate and global environment.

Referring to the individual’s role in human spiritual evolution, Helena Roerich wrote, “The greatest benefit that we can contribute consists in the broadening of consciousness, and the improvement and enrichment of our thinking, which, together with the purification of the heart, strengthens our emanations. And thus, raising our vibrations, we restore the health of all that surrounds us.” (“About Agni Yoga”)

As we strive to be of help and offer healing energies at this time of global suffering, it is helpful to consider the energies now available to us us under the sign of Pisces, which marks the final stage in the evolution of human consciousness—that of “identification, governing liberation.” Pisces, the esoteric wisdom tells us, provides the opportunity to experience that stage of divine consciousness wherein the spiritual wo/man realizes that “I and the Father are one.”

As one of the dual signs, Pisces indicates a fusion or blending of soul and form. Its symbol is that of the two fishes, linked together by a band. One fish stands for the soul and the other for the personality or form nature and a silver cord binds them to each other throughout the cycle of manifested life. In the early stages of experience upon the wheel of life, the soul is in captivity to substance. It has come down into the prison house of matter and linked itself to form.

Later on upon the reversed wheel, the lighted personality yields to the life of the soul; however, for long eons the situation is reversed and the soul is the prisoner of the personality.
Esoteric Astrology (pp. 123-124) further explains that it is in this dual sign that the imprisoned soul and the personality enter upon that process which will transmute, for example:

- Negativity into positive soul control.
- Selfishness into divine selflessness.
- Acquisitiveness into renunciation.
- Self-preservation into selfless world service.
- Self-pity into compassion, sympathy and divine understanding.

Devotion to the needs of the self into developed devotion and response to the needs of humanity.

The esoteric keynote or the “command of the soul to its instrument” is, “I leave the Father's Home and turning back, I save.”

Will you work with us this month, to invoke Lighted, healing energies, distributing these into our planet and into the work of the United Nations? Will you join in using the meditation outline, “The Spiritual Work of the United Nations and the Liberation of Humanity,” based on the six fold progression of Divine Love?

For those who live within the vicinity of the United Nations, you are invited to meet in silent meditation from Noon until 12:30 p.m. in the UN Meditation Room on Friday, March 18th, the day before the Pisces Solar Festival, which this year in the U.S. Eastern time zone, falls on Saturday, March 19th at 2:10 p.m. Discussion will follow outside the Meditation Room from 12:30 – 1:15 p.m. This Room is open to all visitors and a guest pass is not needed; however, allow enough time to go through the UN’s security tent at 46th Street and 1st Avenue.

Those of us who live outside the New York City area have the opportunity to contribute our good energies and thoughts from our respective geographic locations.

This year’s meeting dates and information about meditation at the time of the Solar Festivals is posted here. Please make a note of these dates and plan to participate. Your contributions—both subjective and in person are needed, welcome and appreciated.

The meditation outline, to be used at the UN meditation meeting and weekly, every Friday, is available in several languages and will be sent upon request. The importance of unified thought is underlined in the following passage from the Agni Yoga wisdom: “The law is that two concordant thoughts increase the power seven times.” (Leaves of Morya’s Garden, Illumination, II:V:7)

You are also invited to ponder the quote of the month, posted on the first of every month. An accompanying cosmic image is also made available as a reminder of the eternal divine circulatory flow.
that is possible when there is a synthesis and synchronization of individual, planetary and cosmic energies.

Consciously must we nurture the spiritual possibilities at the United Nations. Will you continue to add your good energies of Light, Love and the Will-to-Good as you work with and help circulate the YouTube video featuring the Great Invocation, photos of the UN General Assembly and the UN Meditation Room under the theme of Reconciliation and the Healing of the Nations?

In closing, we send our deepest and heartfelt thoughts to the people and Government of Japan and to all who labor under the burden of suffering, deprivation and agony.

We open our hearts and minds to Those Infinite Beings of Light, Love and Power Who watch over our planetary evolution as we reflect on the following ideas from the preface to the book, *Hierarchy*:

“Like milestones on a luminous path, the Brothers of Humanity, ever alert, are standing on guard, ready to lead the traveler into the chain of ascent.”

“Hierarchy,” we are reminded, “is not coercion; it is the law of the Universe. It is not a threat, but the call of the heart and a fiery admonition directing toward the General Good. Thus, let us cognize the Hierarchy of Light.

“How to transmute the most bitter into the most sweet? Naught save Hierarchy will transform life into a higher consciousness. It is impossible to imagine a bridge into the Infinite, because a bridge is in need of abutments. But Hierarchy, like the abutments of a bridge, brings one to the shore of Light. And imagine the entire effulgence that the eyes behold! And understand the Song of Light. Let us labor for Light and Hierarchy!” (*Hierarchy*, Preface, Agni Yoga Society, NY.)

In loving planetary service,

**Aquarian Age Community**
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