



The Spiritual Work of the United Nations and the Liberation of Humanity

Working to Attain the Great Equilibrium at the United Nations

March (Aries) 2013

The coming epoch will be not only an epoch of great cooperation, it will also be the Epoch of Woman. Woman will have to be armed with courage, and, first of all, she will have to restrain her heart from unwise giving, for there must be the Golden Balance in everything. Woman must affirm herself, and that is why the Sword of Spirit is given precisely into the hands of woman. In the East this epoch is noted as the Epoch of Maitreya, the Epoch of Great Compassion, and the Epoch of the Mother of the World.

[Letters of Helena Roerich, Vol. I, 8 March 1935, p. 409, Agni Yoga Society, NY](#)

There is no turning back. We will keep moving forward to the day when women and girls can live free of fear, violence and discrimination. The 21st century is the century of inclusion and women's full and equal rights and participation.

[UN Women on Agreed Conclusions at the Commission on the Status of Women](#)

As our song says, we are One Woman, and we shall shine!

[Michelle Bachelet, 57th Session of the UN Commission on the Status of Women](#)

Dear Friends,

Our own experiences confirm that whenever a new spiritual intention is affirmed, what first appears are the obstacles, hindrances, frustrations and delays—that which stands in the way of our realizing the stated intention—the dross that tests our resolve and the obstacles that when overcome and conquered, both strengthen and enlighten.

The beautiful, essential and vital ideals emblazoned in our hearts and minds—the ideals that are the call of the dawning Age of Aquarius, the coming Epoch of Maitreya and the approaching golden epoch of spiritual enlightenment—these ideals refuse to tolerate, what is for many, and therefore must be for all, the insufferable reality of daily life on our planet; these ideals persist and endure; they cry out for the light of day; they do not let us rest; they call us to exert ourselves, to labor, to strive and struggle until the victory of manifestation is theirs.

On the world stage, we see this variance played out again and again at the United Nations. The tension presents itself between the progressively spiritual good of the whole and the limiting and dark constraints of ignorance.

Most recently, this conflict played out during the 57th session of the Commission on the Status of Women that recently concluded its two weeks of deliberation on 15 March, which this year focused on the “Elimination and Prevention of All Forms of Violence against Women and Girls.”

It has become clear that gender-based violence is a global epidemic. Bringing public attention to the “Unholy Alliance at the UN Commission on the Status of Women,” an editorial of *The New York Times* recently called attention to a World Bank report, which estimates that more women between ages 15 and 44 are at risk from rape and domestic violence than from cancer, car accidents, war and malaria combined! This pervasive violence crosses all borders and boundaries. It does not discriminate according to nationality, ethnicity, social class, culture or religious affiliation—all groups are affected.

The following statistics further underscore this global scourge:

- Up to 50% of sexual assaults are committed against girls under the age of 16.
- Globally, 603 million women live in countries where domestic violence is not yet considered a crime.
- Up to 70% of women in the world report having experienced physical and/or sexual violence at some point in their lifetime.
- Over 60 million girls worldwide are child brides, married before the age of 18.

In her closing statement, Dr. Michelle Bachelet, past President of Chile and current Under-Secretary-General and Executive Director of UN Women, summed up her thoughts about the two weeks of intensive work and difficult negotiations, providing some historical context for this year’s work, indicating what she thought had been accomplished and the work yet remaining:

Sixty-six years ago, the Commission on the Status of Women met for the first time with 15 member States in attendance. Since then, we have witnessed critical gains in ensuring that women enjoy the same human rights as men. Today, 131 member States attended the 57th session of this Commission.

Since its inception, this Commission has moved forward, guided by the principle articulated in the UN Charter – the principle of the equal rights of men and women.

...Today, 66 years later, the world is far different than it was then. There is a truly global movement for women's empowerment and gender equality. There are human rights treaties such as CEDAW, global agreements from Cairo to Beijing, and Security Council resolutions to move this agenda forward. This is our base to progress from. The calls for inclusion, equality and for women's full and equal rights, opportunities and participation are ever growing.

...But today, just as 66 years ago, we are still fighting to realize the promise articulated by the founders of the United Nations.

Michelle Bachelet, 57th Session of the UN Commission on the Status of Women

She ended her closing remarks with an appeal to all who would listen: "You have the privilege, but also the responsibility, to work together to make this world a better place to live. I urge you to never rest in this effort. Millions and millions of women and girls place hope and trust in you."

Aware of the tightrope of differing worldviews, and the momentous and challenging tipping point of history in which they worked, Dr. Bachelet affirmed the spirit which allowed the participants to persevere through the intense, late-night negotiations, the long and hard debates over every single word and paragraph in order to finally emerge relatively victorious.

In the end, she said, all were able to live up to the spirit of the Charter of the United Nations by focusing on the Common Good:

Our common humanity united us over that which divides us. That humanity is our shared conviction that ending violence against women and girls is a must, is possible, and is stronger than any doubts, difficulties, or inflexibility.

The Agni Yoga wisdom has much to say about the beneficent value and incontrovertible necessity of the balance and equilibrium (harmony) between men and women and the masculine and feminine principles, while warning about the dire consequences when these are not respected:

Indeed, empires have fallen, nations have fallen, countries have been destroyed, all because the great question, that of equilibrium, has been reduced to nothing. Therefore it is so important to affirm the significance of the feminine principle. Precisely, not in the household measuring scale, but in that of the state. If the planet is retained, then future countries will flourish only through equilibrium. We will even admit a preponderance on the side of the feminine principle, because the conflict will be very intense. Indeed, Councils of Ministers will have to include women. Woman, who gives life to a people, must also have a voice in the making of its destiny. Woman must have the right of voice. If woman were accepted as was ordained, the world would be quite differently impregnated. Thus, only affirmation of the law of Existence can restore the order of man. (Fiery World, III, 347)

Almost as if she envisaged the above UN meeting, in a letter written on 7 October 1930, Helena Roerich wrote, “the idea of creating the unity of women the world over is more than timely.”

Therein, she also addressed the need for harmony and balance or what she referred to as that “majestic cosmic law of equivalency,” while also emphasizing the need for women to retain their unique feminine attributes and perspectives:

Humanity should realize the majestic cosmic law of equivalency, the law of the dual Origin, as the foundation of existence. The predominance of one Origin over the other has created a lack of balance and destruction, which may now be observed in all of life. But let not the woman who has realized this law, and who strives toward equilibrium, let her not lose the beauty of the feminine image; let her not lose tenderness of heart, subtlety of feelings, the self-sacrifice and the courage of patience. Woman, the bearer of sacred knowledge, can become a calling power, kindling with fiery words the souls that are ready.

It is propitious to consider this dire need to bring healing and justice into our planet by addressing this blight within our midst at this time of the year when we are supported by the spiritual energies of the Aries/Easter Solar Festival, marking the first of the Three Major Spiritual Festivals. Just as the time of each monthly Solar Festival is known as the higher spiritual interlude of each month, so with this first of the Three Spiritual Festivals, we embark upon the higher spiritual interlude of the annual cycle. The available energies are stronger and more vital.

Aries is a sign of commencement. Under this sign, the life of inner unfoldment and the domination of the soul begins. Aries governs the head; it is the sign of the thinker and thus, it is a powerful mental sign. All beginnings originate on the mental

plane, as reflected in the esoteric keynote of this sign: “I come forth and from the plane of mind, I rule.”

The aspirant to the spiritual life begins to tread the Path when she truly becomes the thinker, and in full awareness, proceeds to function as the driver of her own destiny.

Therefore, in Aries right direction and right orientation provide the keys to fulfillment. If we study the labors of Hercules—that representative of all aspiring disciples, as he faces his tests and trials under this sign, we learn that Hercules had to understand how to gain mental control. This labor recounts how for ages the brood mares of thought had been breeding war horses and, through wrong thought, wrong speech and erroneous ideas, had been devastating the countryside.

One of the first lessons that every beginner has to learn, states Alice Bailey, is the tremendous power that she mentally wields, and the amount of harm that she can cause in her neighborhood and environment through the “brood mares of the mind.” She therefore has to see to it that no more war horses are bred. (*The Labours of Hercules: An Astrological Interpretation*)

As we evolve in our spiritual understanding, we realize that these brood mares can either engender error, falseness and cruelty—having their origin in the lower aspects of human nature, such as do those who practice violence against women and girls, or they can initiate ideas and concepts which have their origin in the kingdom of the soul, wherein resides the Source of Light that provides the blessed energies of healing and uplift. It is these energies that can then inspire and support those who would protect, serve and heal.

It is here helpful to remember that in the beginning stages of humanity’s evolutionary journey, a necessary purification takes place as the fiery, destructive processes of war and strife, brought to the individual and the planet through the influences of this sign proceed. However, as the individual and humanity at large grow in spiritual understanding, so purification can continue, but this time through illumined vision. (*Esoteric Astrology*)

In that Aries begins the new cycle of the spiritual year, it also brings forth the “Forces of Restoration,” working under the “Spirit of Resurrection” Whose aim is to “restore livingness to men’s spiritual aims,” vitality to their plans to usher in the New Age of spiritual values and practices, while guiding humanity “out of the dark cave of death, isolation and selfishness into the light of the new day.” (*The Externalisation of the Hierarchy*, pp. 457-458)

The Festival of Easter—the festival of the risen, living Christ, the Head of the spiritual Hierarchy and the Embodiment and Expression of the love of God is celebrated at this Solar Festival of Aries.

Each thought leaves its mark on the ethers. As we hold a seed thought in our minds—for example when we meditate on the General Assembly of the UN imbued by the love-wisdom that will allow member State representatives to consider the welfare of the whole, we energize or electrify that thought within the group's fiery energies. We add a new charge to the seed thought, making it more magnetic and therefore more attractive and more readily available to other minds. It is for this reason that we refer to creative meditation as a planetary service.

In the words of Weymen Huckabee, as reported by Donald Keys in his paper on Spirituality at the United Nations, we are helping to create a “canopy of goodwill and understanding...raised over the United Nations.” (Mr. Huckabee was a part of the group who worked to successfully ensure that there would be a moment of silence at the beginning and closing of each General Assembly and who worked to establish a room for prayer and meditation, which later became the UN Meditation Room or the Room of Quiet.)

Will you join in this monthly opportunity to help weave a more beautiful and vital “canopy” of Light, Love and Fiery Goodwill for the uplift of all life on the planet by participating in the Aries/Easter Solar Festival meditation, subjectively joining those who will meet in the UN Meditation Room?

The meditation meeting will take place at Noon on Tuesday 26 March 2013 in the UN Meditation Room—one day previous to the actual day of the Festival, which this month falls on Wednesday 27 March at 2:27 a.m. We will work silently, using the meditation outline, *The Spiritual Work of the United Nations and the Liberation of Humanity*, from 12-12:30 p.m. and then reassemble outside the meditation room from 12:30-1:15 p.m. for discussion.

For those of us whose geographic location necessitates that we join in subjectively, please know that all heart-felt meditative thoughts focused on the well-being and uplift of humanity contribute to augmenting the Light, Love and Will-to-Good that increasingly becomes available on our planet.

A copy of the meditation outline is available upon request. You are encouraged to use this meditation both at the time of the UN meditation meeting as well as weekly,

every Friday. Further information about this meditation initiative can be found [here](#). We are mindful that through meditation we have the opportunity to impose a higher rhythm, a higher vibration on our individual, personal self, the group and the planet.

Via this practice, we willingly consecrate our hearts and minds to the utmost of our ability, melding our individual flames into a group flame so that as a unified group we can make our contribution to the transformation of consciousness on our planet, which will lead to the liberation of humanity.

Please note that there has been a delay in the UN Capital Master Plan, so that we now will have access to the UN Meditation Room for this Aries/Easter Festival as well as for the Taurus/Wesak Festival next month on Thursday 25 April. We will keep you posted on any new developments.

You are also invited to ponder the quote of the month, which is posted on the first of every month, accompanied by a photograph of the cosmic landscape in which our planet Earth “lives and moves and has its being.”

Thank you for working with the videos in the Aquarian Age Community YouTube channel, which includes the Great Invocation in the Six Official Languages of the United Nations, as well as with the video under the heading of *Reconciliation and the Healing of the Nations*.

Your continued support and help in working with and circulating these videos is welcome and deeply appreciated.

In the joy of loving and shared planetary service,

Aquarian Age Community

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